



## Volunteer Opportunities for Groups and Youth

### Meal Preparation Team

- Plan a menu, purchase your ingredients and then use the House's fully-stocked kitchen to prepare and serve dinner (or breakfast on weekends) to our families.
- Meal teams are limited to 10 members or less. Must be 12 years of age or older. (No more than 4 youths).
- Time Commitment: 3-4 hours. Late afternoons/evenings for dinners, weekend mornings for breakfasts.

### Cookie Crew

- Bring your favorite recipe and your ingredients and use our kitchen to bake tasty treats for our guest families.
- Teams of 2-6 people or experienced single bakers. Must be 12 years of age or older. (No more than 4 youths).
- Time Commitment: 1-2 hours; Weekday mornings/weekend afternoons.

### Activity Evenings

- For Monday Bingo we provide the ball cage and cards, while Wednesdays we invite you to bring in your favorite activity or craft and any necessary supplies to share!
- Groups of 2-5 people can come share some fun with our guest families.
- Time Commitment: 1-2 hours; Monday Bingo and Wednesday Activity evenings.

### Cleaning Teams

- We supply the cleaning tools and materials, you provide the people to help! Groups will be assigned an area of the House to deep-clean to keep our House safe for guest families.
- Groups of 10-20 people can participate.
- Time Commitment: 1.5-2 hours; mid-day, as needed.

### Young Professionals Society

- A group of young philanthropic individuals (ages 22-39) who support the mission of Ronald McDonald House of Charlotte by directly serving families, representing the House at events, and providing financial support.
  - For more information on YPS, please visit [rmhofcharlotte.org/happymilz](http://rmhofcharlotte.org/happymilz).

### Teen Service/Teen Volunteer Board (TVB)

- High school students in 9th-12th grade can sign-up to participate in teen-only service opportunities. Darrell McGill at [darrell@rmhofcharlotte.org](mailto:darrell@rmhofcharlotte.org) for more information.
- TVB is a leadership group that meets monthly to plan and lead service activities and events. An application is available online in the spring for rising high school juniors and seniors. Contact Darrell McGill at [darrell@rmhofcharlotte.org](mailto:darrell@rmhofcharlotte.org) for more information.
- Time Commitment: varies.

### Kids Helping Kids

- Kids Helping Kids is a monthly program held on the 1st Saturday of each month in the afternoon (advance sign-ups are required) for kids ages 6-11 years old to do a craft, to take a tour, and learn about helping others.

### Collection Projects

- Great for groups who can't come to volunteer in the House.
- Help collect Pop Tabs or needed items from our online Wish List!

**SIGN UP  
ONLINE  
TO  
VOLUNTEER!**

visit  
[rmhofcharlotte.org](http://rmhofcharlotte.org)

**Questions? Please contact  
Darrell McGill, Group Volunteer  
Coordinator, at (704) 288-5323  
or [darrell@rmhofcharlotte.org](mailto:darrell@rmhofcharlotte.org).**



# WAYS TO VOLUNTEER

## Volunteer Opportunities for Individuals (Adults)

**Individuals volunteers assist with a variety of activities on a regular basis. Training begins with the fundamentals and as the volunteer gains experience more volunteer opportunities are available.**

Training begins with a focus on the following three areas:

- Daily Cleaning of Common Areas (for example, sweeping, vacuuming, loading/unloading dishwashers, wiping down surfaces, etc.).
- Room Turnovers (following turnover guide to ensure all details are complete in guest rooms for the next family checking in).
- Family Services Skills (checking families in).

After performing 18 hours consisting of the above tasks a volunteer is eligible to apply for the additional Volunteer Jobs:

- Kitchen Host Volunteer (assisting in the House with a focus on all kitchen activities during meal time)
- Storage Room Captain (maintaining order of storage areas/supplies, rotating/stocking household supplies)

After 36 hours consisting of HOV general tasks and/or Kitchen Host Volunteer tasks, a volunteer is eligible to apply for the following additional Volunteer job:

- Volunteer Hub Assistant (answering/transferring phone calls, greeting public, accepting donations, assisting visitors with signing in/out).
- Community Ambassador (representing the House at public events, speaking engagements, tours, etc.)

### General Requirements, Qualifications, and Commitment:

- Valid email address and internet access
- Must be 18 years of age
- Complete and submit an application
- Background check (completed online through Sterling Volunteers, cost is \$37.50)
- Completion of online training (four 10-minute long videos and accompanying quiz)
- One three-hour shadow shift with a focus on daily cleaning, room turnovers and guest family check in
- Minimum commitment of 36 hours (or twelve 3 hour shifts) per year. Shifts are available seven days a week, 8 am-11 am, 9 am-12 pm, 11 am-2 pm, 2 pm-5 pm, 5 pm-8 pm.

### Benefits: We value our volunteers!

Throughout the year, you will have the opportunity to receive tickets to special events, free swag and goodies, complimentary coffee and cookies, and invitations to recognition events.

Questions? Please contact Leslie Teiro, Volunteer Services Manager,  
(704) 335-1191 or [leslieteiro@rmhofcharlotte.org](mailto:leslieteiro@rmhofcharlotte.org).

